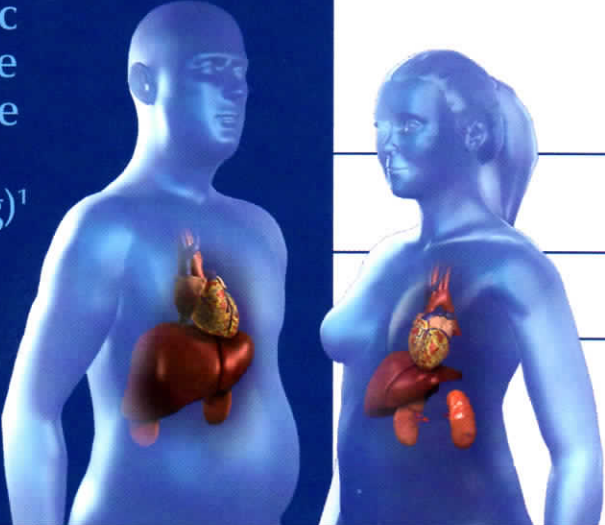


## YOUR PATIENTS WITH METABOLIC SYNDROME FACE

# A CLUSTER OF CARDIOMETABOLIC RISKS

<b>NCEP-ATP III criteria for metabolic syndrome (any three of the following)<sup>1</sup></b> 	<b>Triglycerides (mg/dL)</b>	≥150
	<b>HDL cholesterol (mg/dL)</b>	
	Men	<40
	Women	<50
	<b>Blood pressure (mm Hg)</b>	≥130/≥85
	<b>Fasting glucose (mg/dL)*</b>	≥110
<b>Waist circumference (inches)</b>		
Men	>40	
Women	>35	

*Adapted from the National Cholesterol Education Program—Adult Treatment Panel III (NCEP-ATP III).*

\* The American Diabetes Association's definition of prediabetes now includes fasting glucose of 100 to 125 mg/dL.<sup>2</sup>