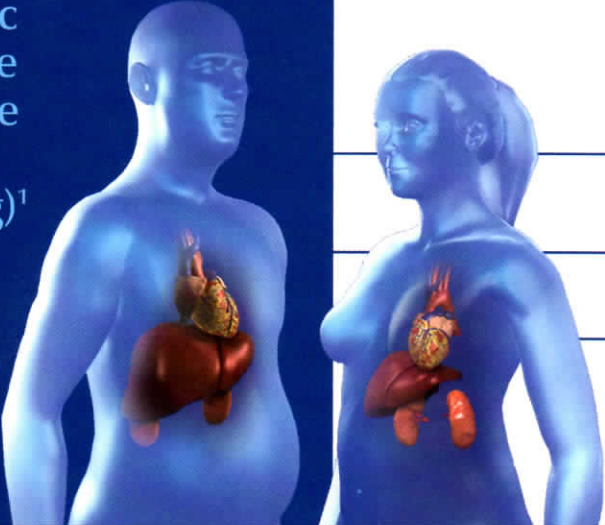


A CLUSTER OF CARDIOMETABOLIC RISKS

NCEP-ATP III criteria for metabolic syndrome (any three of the following)¹ 	Triglycerides (mg/dL)	≥150
	HDL cholesterol (mg/dL)	
	Men	<40
	Women	<50
	Blood pressure (mm Hg)	≥130/≥85
	Fasting glucose (mg/dL)*	≥110
Waist circumference (inches)		
Men	>40	
Women	>35	

Adapted from the National Cholesterol Education Program—Adult Treatment Panel III (NCEP-ATP III).

* The American Diabetes Association's definition of prediabetes now includes fasting glucose of 100 to 125 mg/dL.²